



# A BRILLIANT BUFFET IS KEY TO A REWARDING RAMADAN







Unilever Food Solutio<u>ns</u>



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Ramadan buffets are not so easy. Creating large quantities of consistently great dishes night after night is no easy task at the best of times. And doing it in a cost-effective way makes it even harder. Our Ramadan guide is packed with excellent tips and recipes for delivering budget-friendly buffets that keep diners coming back for more.

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### TIPS FOR A REWARDING RAMADAN

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- Mains
- Desserts
- Drinks

### EXTRA BONUS

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We've included our Brilliant Beverages
Guide that features fantastic recipes.



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# **BRILLIANT BUFFETS ON A BUDGET**

Struggling to balance the needs of hungry and expectant diners with the cost/revenue expectations of management? Try these buffet-friendly ideas that will keep costs in check without affecting the quality of your dishes.



### MONITOR DISH CONSUMPTION



Cost up your dishes and place the cheapest or most abundant dishes at the start of the buffet layout, with more expensive or lower quantity dishes at the end.

Chefs' tip: Track the consumption of dishes, and if needed change up the layout the next day in order to minimise waste.



Soft drinks often deliver low profit margins, so go for a more cost-effective option like Mint Lemonade made with Knorr Lime Seasoning. You'll get more return for your money, while diners will enjoy a refreshing low sugar drink.

### PLATE SIZE MATTERS

A simple way to downsize your overall buffet and cost is to give diners smaller plates. Bigger plates encourage diners to eat (and waste) more, and require a much larger volume of food to cater to them.

### **COST-EFFECTIVE INGREDIENTS**



Plan dishes – like Chicken BBQ Karahi - using cheaper cuts of meat that are more affordable yet flavourful.

### MAKE SMART MEZZE CHOICES

Cut back on the mezze dishes you serve, you'll save money on ingredients and be able to focus on quality over quantity. Fewer mezze dishes also means diners still have an appetite for mains.

### MAKE SAVINGS ON BEVERAGES







# SETTING UP THE PERFECT BUFFET

Bottlenecks in a buffet queue can make for a dissapointing diner experience, especially at Iftar. Here's some tips to keep things moving...

#### $X_{\alpha} f$

#### Cutlery

Place cutlery at the end of the natural traffic flow - i.e. after the main dishes or desserts.

#### General START Map out the diner's journey Desserts ahead of actual layout to see Small individual desserts are how clear and free flowing it is. easy for diners to pick up and cost-effective to produce. **Beverages** CUNN **Bread** Ease pressure on the food queue with a separate area for drinks or Choose grab and go bread by serving pitchers of Mint options rather than those that Lemonade at dinner tables. require cutting. Plates **Appetisers & Mains** Place these at the beginning of Put some space between the most the serving area(s) so diners have popular dishes in these courses to them before they reach the food. stop a queue building next to them.







# STAND OUT FROM THE IFTAR CROWD

### START A TREND 😳

It doesn't take a whole buffet of trendsetting dishes to get diners and social media buzzing – just one. Create that dish and watch excited diners fill your restaurant every night. And don't forget to share it in your social media feed!

### TAKE TO SOCIAL **f** 🕑

You may have a group of Ramadan regulars who return to your restaurant every year, but to attract new customers take your marketing campaign to social media. Want to get hungry diners to make a booking? Post appetizing images of your dishes on Instagram. Or use a short video on Facebook to showcase the overall ambience and diner experience.

### MIX IT UP

Plan your Iftar buffet with weekly specials – change one or two starters and mains each week. It will encourage diners to return again and provides a great promotional tool for marketing too.

### Chefs' tip

Our Smoky BBQ Samosa recipe provides some excellent inspiration. See page 14.





Crispy Fried Fish Chicken Paratha Turnover



Kachat Qeemay Kay Kebab





# RECIPES

Our chefs have created a mouth-watering selection of Iftar recipes that will wow your diners without breaking your budget. They've also come up with some brilliant ideas for adding tasty and trending twists to traditional favourites...

Khatti Daal Page 32





# APPETISERS

Brilliant, bite-sized and full of flavour, appetisers is the course everyone loves. It's also the course that truly celebrates the sharing, caring spirit that Ramadan evokes. Enjoying a plateful of tasty, snackable bites with family and friends is an essential part of Iftar. Dive into our appetiser recipes and discover how you can put trending or healthy twists on traditional favourites...

Chicken Potato Cutlets Page 15





# CRISPY FRIED FISH

When it comes to indulgent seafood, fried fish tops the list for most diners. Be sure you have it on your Ramadan menu this season!

## INGREDIENTS

SERVES 10

# Fried Fish1.3kgSole (fish) fillets80gKnorr Coating Mix1kgFlour1.5LIcy water2LRafhan Corn Oil

#### Fish Marinade

00g .0g	Best Foods Real Mayonnais Knorr Spicy Marinade
Og	Mustard paste
Og	Knorr Lime Seasoning
g	White pepper
5ml	Soy sauce
g	Parsley, chopped

#### Get the full recipe

# SMOKY BBQ SAMOSAS

Samosas make an Iftar! In this exciting recipe, we share a technique for smoking the filling of the samosas before wrapping and frying them. Try these out on your menu this season and watch your guests keep coming back for more.

### INGREDIENTS

SERVES 10 • •

#### Chicken

60g	Knorr Chicken Stock Powder
3L	Water
700g	Chicken breasts

#### Samosa Filling

60g	Knorr Barbecue Sauce
40g	Mustard paste
30ml	Rafhan Corn Oil
50g	Black olives, chopped
80g	Spring onion, chopped
50g	Mushrooms, chopped
50g	Jalapeno
10g	Fresh coriander, chopped
3g	Black pepper

Get the full recipe

Knorr Barbecue Sauce is made with tomatoes, spices and vinegar and brings a wonderful smoky aroma and flavour to this dish.

Knorr Tomato Ketchup is the perfect condiment to serve with your fried fish. Made with 100% natural tomatoes, it is also free of artificial colours and flavours.

#### For the Smoking

2pc	Charcoal, smoking
1pc	Foil square
5ml	Oil

#### Samosa Wrapping & Frying

20pc	Spring roll wrappers	
5pc	Eggs	
2L	Rafhan Corn Oil (for frying)	



# CHICKEN **POTATO CUTLETS**

Our recipe for Chicken Potato Cutlets is a sure to be a big hit with your diners. We have poached our chicken in a stock and filled the centre of the potato cutlets with a dash of Best Foods Real Mayonnaise. Simply delicious!

С	oati	ina	&	Fr	/ing
		<u> </u>			

Eggs

4pc	
300g	
2L	

Bread crumbs Rafhan Corn Oil

#### Side Dip

Knorr Chilli Garlic Sauce 300q Knorr Barbeque Sauce 100g

### INGREDIENTS

SERVES 10 \*\*\*\*

#### Poached Chicken

100g	Chicken breast
Ľ	Water
рс	Knorr Chicken Stock Cubes
Cutle	ts
.25kg	Potato, boiled & mashed
0q	<b>Knorr Chicken Stock Powd</b>

1.201.9	
10g	Knorr Chicken Stock Powder
10pc	Green chilli, chopped
10g	Knorr Lime Seasoning
7g	Red chilli powder
7g	Garam masala powder
40g	Coriander, chopped
100g	Best Foods Real Mayonnaise

Get the full recipe



# Knorr Coating Mix is ideal as a marinade and coating for chicken;

CRISPY

it produces a delicious, crispy and flaky crust after frying.

# BUTTERMILK

Great tasting fried chicken has two key elements: A very flaky and crispy crust, and flavourful, juicy chicken. This recipe has both. A fantastic addition to any Ramadan menu.

### INGREDIENTS

• SERVES 10 • • • • •

#### Chicken Marinade

	20pc	Chicken legs
	600g	Yogurt
	450g	Milk
	10g	Knorr Lime Seasoning
	10g	White pepper
	10g	Knorr Chicken Stock Powder
	10g	Dried basil
	10g	Garlic powder
	40g	Knorr Spicy Marinade
	5g	Red chilli powder
1		

Get the full recipe

Nothing beats the smooth creaminess of Best Foods Real Mayonnaise, the world's no.1 mayonnaise. Made with quality ingredients, it gives this dish a winning taste.

# **FRIED CHICKEN**





# CHEESE PAKORAS WITH HONEY CHUTNEY

Pakoras are a staple of Iftar menus. This recipe provides a unique take on this much-loved dish, giving it a twist that will keep your guests coming back for more. A tasty spicy batter surrounds morsels of melting cheese for a delicious dish to be served with spicy chilli garlic and honey chutney.

### INGREDIENTS

SERVES 10

#### Pakoras

1.2kg	Mozzarella cheese,
	cut into 2-inch cubes
20g	Dried oregano
250g	Knorr Batter Mix
100g	Rafhan Corn flour
370ml	Water
2L	Rafhan Corn Oil

#### Get the full recipe

Knorr Batter Mix is used to prepare spicy marinades or as coating batter for fried chicken, fish or vegetables.

Chuti	ney
300g	Knorr Chilli Garlic Sauce
10g	Knorr Lime Seasoning
10g	Mint, chopped
70g	Honey
70ml	Water
2pc	Green chilli, finely chopped





# BBQ CHICKEN CHEESE PUFFS

Our Chicken Cheese Puffs are ideal for snack or appetiser menus! The filling is well-seasoned chicken with a sweet & tangy BBQ sauce. The puff pastry is baked golden with oregano and parmesan cheese on top.

### INGREDIENTS

\*\* \*\* \*\* \*\* SERVES 10 \* \*\* \*\* \*\* \*\* \*\* \*\*

#### Filling

1.25kg	Chicken breast, cubed
10ml	Rafhan Corn Oil
10g	Knorr Chicken Stock Powder
10g	Chilli, crushed
10g	Knorr Lime Seasoning
2g	White pepper
70g	Knorr Barbecue Sauce
50g	Knorr Tomato Ketchup
10ml	Soy sauce
10ml	Worcestershire sauce
500g	Mozzarella cheese, grated

#### Pastry

200g	Knorr Tomato Ketchup
70g	Parmesan cheese, grated
5g	Dried oregano
5pc	Egg yolks
	5 inch discs
10pc	Puff pastry sheets,
1 000	J

#### Get the full recipe

# CHICKEN PARATHA TURNOVER

Paratha turnovers have all the potential to be the next comfort food sensation. Served with just the right dip or sauce and you have the perfect appetiser. Play around with the filling, be creative, and don't forget to add **Knorr Chicken Stock Powder** to boost the real chicken aromas.

### INGREDIENTS

#### Filling

1.25kg	Chicken, minced
50ml	Rafhan Corn Oil
80g	Onion, chopped
80g	Capsicum, chopped
20g	Green chilli, chopped
3g	White pepper powder
10g	Knorr Chicken Stock Powder
10ml	Soy sauce
200g	Knorr Chilli Garlic Sauce
80g	Best Foods Real Mayonnaise
20g	Coriander, chopped
300g	Cheddar cheese, grated

Get the full recipe

Knorr Chilli Garlic Sauce is made with 100% natural tomatoes and delivers a unique balance of sweet and spicy flavours.



Best Foods Real Mayonnaise is the world's no.1 mayonnaise. Made with quality ingredients, it helps to create the best tasting dishes.







# CHICKEN TIKKA QUICHE

A simple recipe that makes great tasting Chicken Tikka Quiche. The chicken is marinated in **Best Foods Real Mayonnaise** and spices.

# INGREDIENTS

SERVES 10 \*\* \*\*

#### Filling

1kg	Boneless chicken breasts
100g	Tikka masala
150g	Knorr Tomato Puree
40ml	Rafhan Corn Oil
200g	Best Foods Real Mayonnaise

Get the full recipe

Quich	e
300g	Spring onion, chopped
14рс	Eggs
500ml	Cream
500g	Cheddar cheese
2pc	Short crust pastry,
	9-inch crust, prebaked
	** ** ** ** ** ** ** ** ** ** ** ** **

### Chefs' tip

Making a quiche is a fantastic way to use up leftovers and reduce waste.



# KACHAY QEEMAY KAY KABAB

Here's an excellent minced Beef Kabab recipe featuring a honey butter and tomato glaze. The marinade is simple with ingredients available all year round. This has the potential to be a favourite on your appetiser menus.

### INGREDIENTS

SERVES 10 \* \*\*

#### Patties

500ml	Rafhan Corn Oil
1.25kg	Beef mince
300g	Onion, chopped
15g	Garlic, chopped
15g	Ginger, chopped
15g	Green chilli
20g	Mustard paste
10g	Knorr Lime Seasoning
3g	White pepper
15g	Garam masala
20g	Coriander, chopped
Зрс	Egg yolk
10g	Knorr Chicken Stock Powder

Get the full recipe

Rafhan Corn Oil is high in polyunsaturated fats making it a healthy choice for all your dishes. It has good sensory qualities, making it ideal for use in salads or as a cooking oil.

* * * * * * * *	
Sauce	
100g	Knorr Tomato Puree
50g	Honey
60g	Butter
7g	Cracked black pepper
500ml	Rafhan Corn Oil

Enhance the meatiness of this dish with Knorr Chicken Stock Powder. Made from real chicken it delivers an intense yet balanced flavour hit.







For mains, diners want dishes that are satisfying without being filling. That's a challenge by itself. But as the priciest course on your menu, mains also need to be cost-effective to produce. And that's exactly what our main dishes are: budget-friendly, hearty not heavy and simply delicious. Time to add them to your menu...

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## CHICKEN MALAY SKEWERS

Chicken Malay Skewers are the kind of light snack you need on your Iftar menu. With these skewers, their deliciousness is all down to the marinade. There's also a simple dip recipe to serve with the skewers.

#### Lime Garlic Mayo

400g	Best Foods Real Mayonnaise
20g	Knorr Lime Seasoning
200g	Knorr Chilli Garlic Sauce

### INGREDIENTS

SERVES 10 🔤

#### Marinade

- 1.25kg Boneless chicken breasts, cubed
- 5g Knorr Lime Seasoning
- 5g Knorr Chicken Stock Powder
- 3gCardamom powder20gGinger, juiced
- 3g Mustard powder
- 20g Coriander, chopped
- 40g Yogurt
- 30g Green chilli paste
- 20pc Bamboo skewers

# CHICKEN JALAPENO CHAPATI WRAP

This Chicken Jalapeno Chapati Wrap is the perfect fix for your spice-loving guests. The marinated chicken is full of perfectly harmonised spicy, tangy and sweet BBQ flavours, and topped off with a spicy hit of Jalapenos.

### INGREDIENTS

😁 SERVES 10 👓 🕶

#### Chicken Marinade

1kg	, I	Boneless chicken breasts
200	g l	Knorr Chicken Stock Powder
500	g (	Garlic paste
50	g l	Knorr Tomato Puree
15g	g (	Chilli, crushed
501	ml I	Rafhan Corn Oil
5m	۱ ۱	Norcestershire sauce
60	g l	Knorr Barbecue Sauce

#### Get the full recipe

Get the full recipe

Enhance the flavour of your favourite recipes with Knorr Chicken Stock Powder. Made from real chicken for an intense meaty taste.



200g	Best Foods Real Mayonnaise
100g	Jalapeno peppers
40g	Mustard paste
Tortil	las
200g	Iceberg lettuce, sliced
10pc	Chapati
10pc	Butter paper, to wrap



# LAHORI CHARGA BIRYANI

Anyone who has had Lahori Charga will not think twice before digging into this dish! Lahori style spices and a colourful biryani rice complete the dish. Try this out on your menu this Ramadan!

### INGREDIENTS

SERVES 10 🛥

#### Chicken

1.25kg	Chicken - full bird
50g	Knorr Tomato Puree
50g	Garlic paste
50ml	Rafhan Corn Oil
40g	Tikka masala
120g	Yogurt
50g	<b>Knorr Tomato Ketchup</b>
5g	Knorr Lime Seasoning
Envin	a the Chickon

2L Rafhan Corn Oil

Get the full recipe

Biryani		
100ml	Rafhan Corn Oil	
1.25kg	Rice (90% boiled)	
120g	Brown onion, fried	
20g	Ginger, chopped	
50g	Yogurt	

120g	Brown onion, fried
20g	Ginger, chopped
50g	Yogurt
3g	Mace powder
12pc	Cardamom pods
2pc	Cinnamon sticks
2pc	Knorr Chicken Stock Cub
5ml	Yellow colour
10g	Mint, chopped
100g	Tomato, julienned

es

Knorr Tomato Puree is made with 100% natural tomatoes and is ideal for use as a gravy or sauce base.





# PALAK PANEER CASSEROLE

Palak Paneer Casserole is a mighty innovation. We took two excellent curries and layered them to make a casserole. There is a Palak curry and a tomato curry, layered with rice and cheese. Definitely something different for your Ramadan menus!

#### • •• •• •• •• •• •• • SERVES 10 • •• •• •• •• ••

### INGREDIENTS

#### Palak Curry

!	50ml	Rafhan Corn Oil
	20g	Garlic, chopped
	250g	Onion, chopped
	500g	Spinach, blanched
	10g	Knorr Chicken Stock Powder
، ۱	3g	White pepper
	200g	Best Foods Real Mayonnaise
	50ml	Cream
	Tomat	o Chicken
	50g	Rafhan Corn Oil
4	30g	Ginger, chopped
, ,	30g	Garlic, chopped
	100g	Onion, chopped
	700g	Boneless chicken breasts, cube
	10g	Knorr Chicken Stock Powder
	20g	Red chilli powder
	5g	Turmeric powder
	20g	Cumin powder
	50g	Knorr Tomato Puree
	50ml	Cream

Get the full recipe

#### Finishing the Dish

biled
ese
ped

Best Foods Real Mayonnaise is the world's no.1 mayonnaise. In this dish, it brings a refreshing creaminess to balance out the savoury and spicy flavours.





### **MUTTON QORMA**

This Mutton Qorma is rich and creamy. The mutton is cooked to tender in Knorr Chicken Stock Powder and the dish is finished with spices and cream.

### INGREDIENTS

#### Mutton

1L	Water
20g	Knorr Chicken Stock Powder
1.25kg	Mutton, cubed

#### Qorma

100ml	Rafhan Corn Oil
30g	Garlic, chopped
30g	Ginger, chopped
12pc	Cardamom
10g	Red chilli powder
20g	Garam masala
10g	Nutmeg powder
200g	Brown onion, paste
150g	Yogurt
150g	Knorr Tomato Ketchup
100g	Cashew nut, paste

#### Garnish

Ginger, julienned 50g Fresh coriander 30q

#### Get the full recipe

Khatti (sour) Daal can easily go wrong if you don't use the correct ratios. Try the balance of this Khatti Daal recipe below and see if you can get it just right the first time!

#### INGREDIENTS Daal 500g Red lentil 500q Split green lentil 2L Water **Knorr Chicken Stock Cubes** 4pc 30g Garlic 10g Turmeric Red chilli powder 20g 20g Garam masala powder 150g **Knorr Tomato Puree** Cream 60ml Knorr Lime Seasoning 10g

Get the full recipe

Knorr Chicken Stock Powder gives this dish a meaty depth of flavour that diners will find satisfying and enjoyable.



Knorr Chicken Stock Cubes are made with real chicken meat and provide you with effective portion control and high yield.



# **KHATTI DAAL**









# DESSERTS

Desserts offer a great platform for creativity. Experiment with presentation, take classic sweets and give them a cool twist, or fuse together different styles of cuisine to create a seriously delightful dessert line-up. Our delicious desserts should give you just the inspiration you need to get started...



Date Caramel & Custard Parfait Page 35



# DATE CARAMEL & CUSTARD PARFAIT

Working on a dessert menu for Ramadan? Here is an easy-to-prepare dessert that provides great value-for-money.

### INGREDIENTS

SERVES 10

#### Date Caramel

2pc	Lipton Yellow Label Teabags
500ml	Boiling water
30g	Brown sugar
650g	Iranian dates, pitted & pureed
50g	Salted butter
100ml	Cream
250ml	Milk

0g	Rafhan Vanilla Custaro
00ml	Milk
20g	Sugar
00ml	Milk

Get the full recipe

Rafhan Vanilla Custard is a vanilla-flavoured custard powder prepared with milk and sugar that's ideal for use in making a wide variety of desserts.

#### Parfait

20pc	Cake rusk
100ml	Brewed tea
5ml	Vanilla extract
200ml	Cream
20g	lcing sugar
150g	Pistachios, crushed
100ml	Carte D'or Chocolate Topping





# MASALA CHAI CRÈME BRÛLÉE

Making Crème Brûlée can be tricky, but when done right, and with interesting flavours, guests won't be able to resist this delicious dessert. Here, we've created an all-time favourite: Masala Chai!

### INGREDIENTS Crème Brûlée

1L	Cream
2pc	Lipton Yello
300m	l Milk
7g	Cardamom
3g	Cinnamon p
1g	Ginger pow
1g	Black pepp
200g	Caster Suga
15pc	Egg yolks
Car	amel
2004	Castor Sug

200g Caster Sugar

Get the full recipe

Lipton Yellow Label Tea Bags have a unique, rich taste and a natural tea essence that gives this dessert a boost of brilliance.

#### low Label Teabags

powder powder der er, crushed







Diners love choice – for their food and their drinks! Be sure to have a tantalising and revitalising selection of beverages to excite your guests. Stay away from anything too sugary sweet and instead make light, palate-cleansing drinks that complement the dishes you are serving. Start by adding these ultra-refreshing beverages to your menu...

Strawberry Mint Spritzer Page 42





# GREEN CHILLI PINEAPPLE SLUSH

Here's a great welcome drink that's cost effective to make for Ramadan. Pineapple is refreshing, and the chilli adds another level to the flavour.

# STRAWBERRY MINT SPRITZER

Strawberries and mint work exceptionally well together, especially for drinks. Add **Knorr Lime Seasoning** for a depth of flavour. Serve this refreshing drink for Iftar this Ramadan season.

### INGREDIENTS

\*\* \*\* \* SERVES 10 \*\* \*\* \*\* \*\*

700g	Pineapple, cubed, frozen
5pc	Green chilli, chopped
20g	Knorr Lime Seasoning
250g	Sugar
1.2L	Water

#### Method

- Bring sugar, water and Knorr Lime Seasoning to a simmer. Dissolve sugar to create a sugar syrup.
- Allow to cool down.
- Put the pineapple chunks and chilli in a blender, top up with the sugar syrup and blend, then serve.

#### Get the full recipe

### INGREDIENTS

\*\* \* SERVES 10 \*\* \*\* \*\* \*\*

150	ml	<b>Carte D'or Strawberry Toppin</b>
30p	С	Fresh strawberries
20g		Knorr Lime Seasoning
250	g	Sugar
1kg		Ice, crushed
5pc		Soda water (cans)

#### Method:

- Blend Carte D'or Strawberry Topping, strawberries, sugar, Knorr Lime Seasoning and ice in a blender.
- Top off with soda water.
- Garnish and serve.

Get the full recipe

Knorr Lime Seasoning Powder is a versatile seasoning that will bring a refreshing taste of lime to this drink.



This fruity and highly versatile Carte D'or Strawberry Topping is ideal for using in your beverages.





# OUR RAMADAN RANGE

With our product range we have a huge variety of products that can make life easier for you in the kitchen this Ramadan. Our extensive range is designed to help you make savings - be they time, labour, cost or waste while elevating the natural flavours and aromas of your chosen ingredients.



**Knorr Tomato Ketchup** Made with 100% natural tomatoes for authentic taste and texture.



#### Knorr Chilli Garlic Sauce

Brings a unique balance of sweet and spicy flavours to any dish.



#### **Best Foods Real** Mayonnaise

The world's no. 1 mayonnaise! Ideal base for all kinds of dips.



#### **Knorr Coating Mix** Gives a consistent flavour and thick crispy coating to chicken.



#### **Knorr Tomato Puree**

With 100% real and natural tomatoes, its ideal as a gravy base.



Knorr Batter Mix

Great tasting and convenient spicy coating for chicken, fish and vegetables.



**Knorr Chicken** Stock Powder

Made with real chicken, delivers an authentic. taste, colour and aroma.



**Knorr Chicken** Stock Cubes

Make rich and authentic meaty flavoured stocks.



#### Knorr Lime Seasoning

Made from real limes for consistent zesty flavour and aroma.



#### Carte D'or Strawberry Topping

Versatile fruity topping that is ideal for use in desserts and drinks.



#### Knorr Barbecue Sauce

Delicious smoky aroma and flavour, ideal as a dip for fried, grilled or barbecued food.



#### **Rafhan Corn Oil**

High in polyunsaturated fats, making it a healthier choice for your dishes.



#### **Rafhan Vanilla Custard**

Convenient and easy to portion, makes a deliciously thick and smooth custard.