

How to Handwash?

**PROPERLY
WASH
HANDS
TO
KEEP
FOOD
SAFE**



Wet hands with running water



Apply liquid soap



Rub hands palm-to-palm



Right palm over left dorsum with interlaced fingers and vice versa



Palm to palm with fingers interlaced



Back of fingers to opposing palms with fingers interlocked



Rotational rubbing of left thumb clasped in right palm and vice versa



Rotational rubbing, back and forth with clasped fingers of right hand in left palm and vice versa



Rinse hands with running water



Dry hands thoroughly with a single use towel

**COMMITTED
TO SAFE FOOD**



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